



2023

## NURTURE HOME

**Our response to women who are homeless with a mental illness. Is Nurture Home, which provides a safe place to thrive and restore within the Aiken community.**

## INPUTS

- Supportive Services Manager
- House Counselor
- 3 Staff - 1 part time
- 12 Volunteers
- MHA facility-home
  - Kitchen
  - Living room
  - 4 bathrooms
  - 13 beds
  - Washer/Dryer
  - Computer
  - Security/Fire Systems
- MHA Cottage
  - A stepdown traditional standalone residence.
- Thriving Together Aftercare Program
- United Way of Aiken County funding
  - Grants
  - Individuals
  - Churches
  - Fundraisers

## OUTPUTS

### Activities

- 24-hour supervision is provided to increase likelihood resident will exit successfully into permanent housing.
- Weekly one-on-one sessions.
- Screen residents for all eligible benefits.
- Volunteer activities year-round for social interaction and positive role modeling opportunities.
- Job skill classes
  - Resume
  - Interviewing
  - Budgeting

### Participants

- Women who are homeless with a mental illness are eligible.
- Women who achieve stability in NH program are eligible for after-care/ occupancy of The Cottage.
- Residents participate in development of their treatment plan.
- Residents participate in all Life Skills, Counseling, or Group Activity.
- Staff and Executive Director continuously discuss progress or concerns of residents.

## OUTCOMES

- 2,920 nights of lodging.
- Residents were females with mental illness.
- 6,570 meals served.
- 29,565 meals were given away.
- 4 residents found jobs in 2023.
- Nurture Home is completely full and has a waiting list.
- All residents obtained ID 's and documents.
- Improved mental health and overall wellness.
- Aftercare program served 37.