



2021

NURTURE HOME

Our response to women who are homeless with a mental illness. Nurture Home provides our women a safe place to thrive and restore within the Aiken community.

INPUTS

- Supportive Services Manager
- House Counselor
- 2 Staff
- 10 Volunteers
- MHA facility-home
 - Kitchen
 - Living room
 - 4 bathrooms
 - 13 beds
 - Washer/Dryer
 - Computer
 - Security/Fire Systems
- MHA Cottage
 - A stepdown traditional standalone residence.
- Thriving Together Aftercare Program
- United Way of Aiken County funding
 - Grants
 - Individuals
 - Churches
 - Fundraisers

OUTPUTS

Activities

- 24-hour supervision is provided to increase likelihood resident will exit successfully into permanent housing.
- Weekly one-on-one sessions.
- Screen residents for all eligible benefits.
- Volunteer activities year-round for social interaction and positive role modeling opportunities.
- Job skill classes
 - Resume
 - Interviewing
 - Budgeting

Participants

- Women who are homeless with a mental illness are eligible.
- Women who achieve stability in NH program are eligible for after-care/ occupancy of The Cottage.
- Residents participate in development of their treatment plan.
- Residents participate in all Life Skills, Counseling, or Group Activity.
- Staff and Executive Director continuously discuss progress or concerns of residents.

OUTCOMES

- 2,920 nights of lodging.
- 1 former resident became a mentor.
- Residents were females with mental illness.
- 8,760 meals served.
- 3 residents found jobs in 2021.
- Nurture Home is completely full and has a waiting list.
- All residents got proper ID 's and documents.
- Improved mental health and overall wellness.